

Stop the Stigma

I would never blame the parents or family of a person who develops kidney disease.

I would never describe a person with Multiple Sclerosis as emotionally weak.

I have never heard a newscaster describe a violent criminal as slightly asthmatic.

I have never heard that a person with Arthritis has a diminished learning and mental capacity.

I have never asked a Cancer patient to "snap out of it".

I would never describe a person with heart disease as lazy because of the limitations of their illness.

I would never fear a Diabetic because they might be contagious.

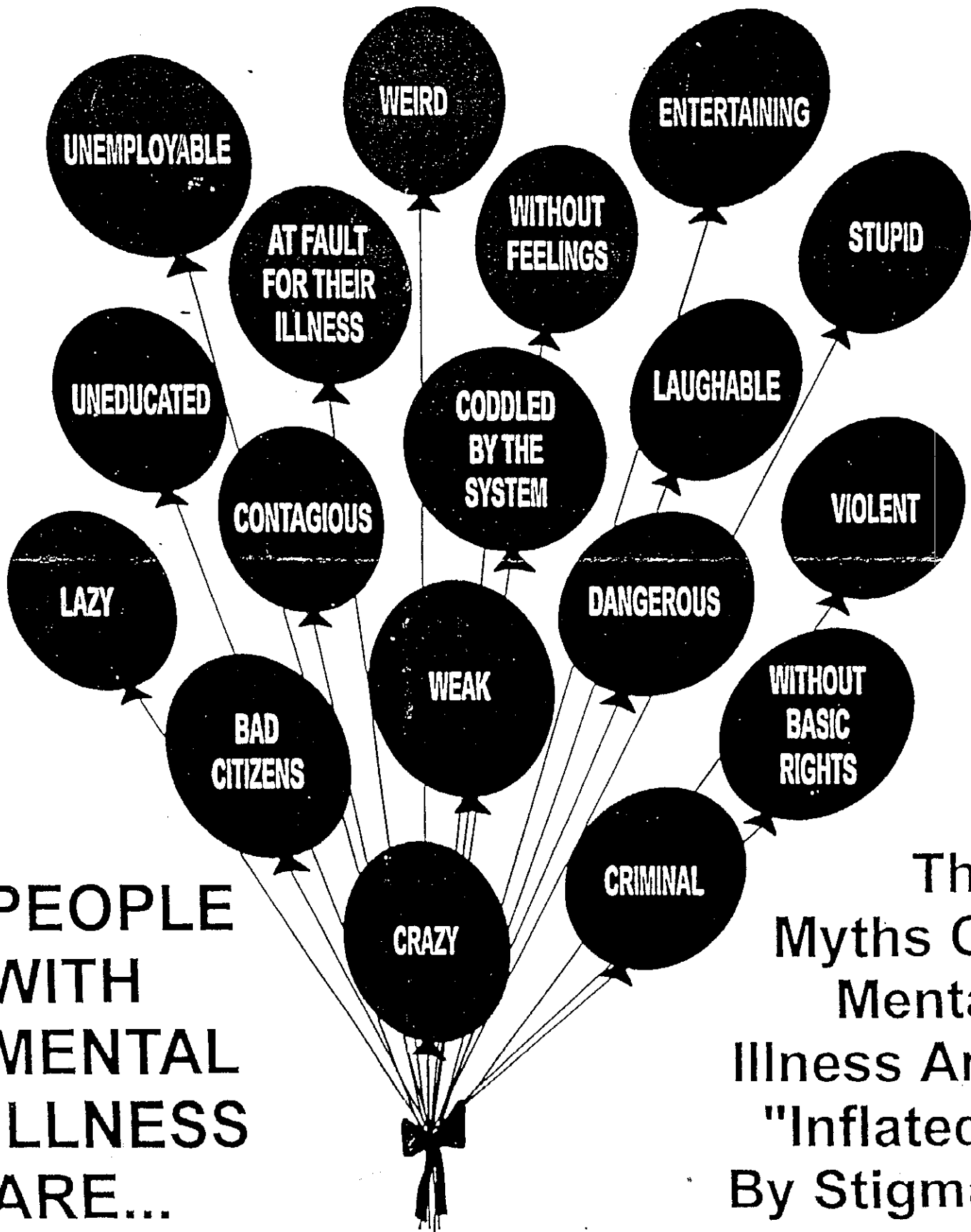
I would never say that a person with Leukemia is to blame for their own illness.

I would never expect to go to a theatre to watch a movie based on the unusual antics of a person with Cerebral Palsy.

It is after all the 90's, and we are far more knowledgeable and sophisticated than ever before. I would wager that you would never make these judgments either.

But I live with a mental illness and all of the above have been attributed to me and others in the same situation.

TALK ABOUT "HOT AIR"!



**PEOPLE
WITH
MENTAL
ILLNESS
ARE...**

**The
Myths Of
Mental
Illness Are
"Inflated"
By Stigma.**